

**The soul must live up high. One who lives up high cannot be harmed.**

As I was very afflicted and in suffering because of the loss of my good Jesus, I saw Him for just a little, and **He told me:**

“My daughter,

***your soul must try to maintain the flight of an eagle***

- that is, to dwell up high, above all the low things of this earth.

- and so high that no enemy may harm it.

***In fact, one who lives up high can harm the enemies, but cannot be harmed.***

And she must not only live up high,

but she must try to have purity and sharpness of eye,

- similar to those of an eagle.

Though living up high, through the sharpness of her sight,

***she penetrates the divine things*** – not in passing,

but by chewing them to the point of making of them her favorite food,

- despising any other thing.

***And she also penetrates the necessities of her neighbor,***

- nor is she afraid to descend into their midst and do good to them

And if needed, she lays down her life.

Through the purity of her sight,

***- she makes the Love of God and the Love of neighbor from two to one,***

rectifying everything for God.

So must the soul be if she wants to please Me.”