

**The more a soul strips herself of her self-love and natural things
the more she acquires the Love of God and of supernatural things.**

I was in my usual state.

My adorable Jesus came and let me hear his sweet Voice saying:

"The more a soul strips herself of natural things
the more she acquires supernatural and divine things.

The more she strips itself of her self-love
the more she acquires the Love of God.

The less she aspires
- to the knowledge of the human sciences and to
- to seek the pleasures of the earth,

the more she acquires the Knowledge of heavenly things and the Virtues."