

One should never look at the past, but at the present.

Continuing in my usual state, I was thinking about my things of the past.
And *blessed Jesus*, making Himself seen for just a little, told me:

“My daughter, *do not look at the past.*

Because the past is already in Me and can be a distraction for you.

And it can make you make mistake on that little piece of the path that is left for you to walk.

In fact, your turning to the past makes you slow down your pace on the present journey.

And so you lose time and you do not advance on your way.

On the other hand, by looking only at the present,

- you will have more courage,

- *you will remain more closely united with Me,*

- you will advance more on your path,

and there will be no danger of your being mistaken.