

A Novena of Holy Christmas

The Book of Heaven - Volume 1 - Luisa Piccarreta

At the age of about seventeen, I prepared myself for the Feast of Holy Christmas,
- by practicing various acts of virtue and mortification.
- and, especially, *by honoring the nine months which Jesus spent in the maternal womb*
with nine hours of meditation each day,
- always concerning the Mystery of the Incarnation.

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Hour 1 – Day 1

First excess of My Love

**The Love among the Father, the Son and the Holy Trinity.
The Love of the Holy Trinity toward men – The ingratitude of men and of myself.**

...For example, during one hour, with my thought,

I brought myself to Paradise, and I imagined the Most Holy Trinity:

- the Father, sending the Son upon earth,
- the Son, promptly obeying the Will of the Father,
- the Holy Spirit, consenting.

My mind was confused in contemplating

- a Mystery so great,
- a love so reciprocal, so equal, so strong among Themselves and toward men.

And then, the ingratitude of men, and especially my own.

I would have remained there, not for one hour, but for the whole day.

But an interior voice told me: “Enough – come and see other greater excesses of my love.”