The Book of Heaven

Jesus told me these exact words: "Faith is God."

But these two words contained an immense light, such that it is impossible to explain them – but I will do what I can. In the word "Faith", I comprehended that Faith is God Himself.

Just as material food gives life to the body so that it may not die, *Faith gives life to the soul*. *Without Faith, the soul is dead.* 

Faith vivifies, Faith sanctifies, Faith spiritualizes man, <u>And Faith makes him keep his eyes fixed on a Supreme Being(...)</u>

In everything that happens to <u>her she always looks at herself in God</u> And so, just as in tribulation, Faith raises her in God and she does not afflict herself, not even with a lament, knowing that she is not to form her contentment here, but in Heaven.

In the same way, if joy, riches and pleasures surround her, Faith raises her in God, and she says to herself: "<u>Oh, how much more content and rich I will be in Heaven</u>!" So, she feels bothered by these earthly things, she despises them, and tramples them underfoot.

It seems to me that to a soul who lives of Faith, it happens as to a person who possessed millions upon millions of coins, and even entire kingdoms, and someone else wanted to offer him a cent. What would he say? Would he not disdain it? (...)

Now, let us go back again to the *idea of food*: by taking food, the body is not only sustained, but shares in the substance of the food, which transforms into the body itself.

## The same for the soul who lives of Faith:

<u>Since Faith is God Himself, the soul comes to live of God Himself.</u> And by nourishing herself with God, she comes to share in the substance of God. <u>And by sharing in Him, she comes to resemble Him and to be transformed with God Himself.</u>

Therefore, *it happens to the soul who lives of Faith*, that,

- just as God is holy, the soul is holy.

- just as God s powerful, the soul is powerful

And so with all the other attributes of God. <u>In sum, the soul becomes a little god</u>. Oh, the blessedness of this soul on earth, to then be more blessed in Heaven!

I also understood that the words that the Lord says to His beloved souls – "*I will espouse you in the Faith*" mean nothing less but that the Lord, in this mystical marriage, comes to endow the souls with His own virtues.

It seems to me that it happens as to two spouses: as they join their properties together, the belongings of one can no longer be distinguished from those of the other. But both of them become their owners. However, in our case, the soul is poor – all the good comes from the Lord, who lets her share in His possessions.

## The life of the soul is God - <u>Faith is God</u>.

And the soul, by possessing Faith, comes to graft all the other virtues into herself. In such a way that Faith is like a king in her heart, and the other virtues remain around It, as the subjects that serve Faith.Without Faith, virtues themselves are virtues that have no life.